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The MIRROR

YOUR NORTH SIMCOE WINTER PARKS & RECREATION GUIDE *2011*



LIVING ACTIVE IS EASIER THAN YOU THINK.



Department of Fun & Games Youth Programs

PORT MCNICOLL YOUTH CENTRE

“Establishing a safe, fun, youth friendly environment”



The Port McNicoll Youth Centre is an all-inclusive place for youth within the Township to meet, interact and participate together in different programs, activities and workshops.

Please visit www.tay.ca for hours of operation, planned after school program schedules and various workshop opportunities.

For more information on the Port McNicoll Youth Centre please contact – Bryan Anderson – Recreation Coordinator
@ 534-7248 ext 235
or banderson@tay.ca



MARCH BREAK YOUTH COURSES

Babysitting Course-Ages 11 +

March 13 - 8:45 am to 4:00 pm

Learn the basic responsibilities of babysitting, basic skills in childcare, first aid skills, and safety knowledge. Please bring your lunch, a doll or teddy bear & a pencil to class. The class will be held at the Port McNicoll Youth Centre (541 Calvert St). Pre-registration is required by March 5th.

Young Boaters Course-Ages 8 to 18

March 15 - 8:45 am to 4:00 pm

This program teaches how to safely operate a watercraft and certify them for their Pleasure Craft Operator Card. Please bring your lunch & a pen/pencil to class. The class will be held at the Port McNicoll Youth Centre (541 Calvert St). Pre-registration is required by March 5th.

WAUBAUSHENE YOUTH CLUB - AKA 'THE BENNY CLUB'

Ages 5-18

Located out of the Bridgeview Park Portable – the Waubaushe Recreation Committee is hard at work planning Youth Programming for the children of Waubaushe. Come on out every Tuesday and Friday from 6pm – 8pm and enjoy a wide variety of different activities and games for Youth of all ages to enjoy. Activities range from: Outdoor Sports, Crafts, Movies Nights, Volleyball, Baseball and the list goes on and on. All are welcome – and the best part all activities/games are **FREE!**

Students looking for volunteer hours are welcome to come out and volunteer.

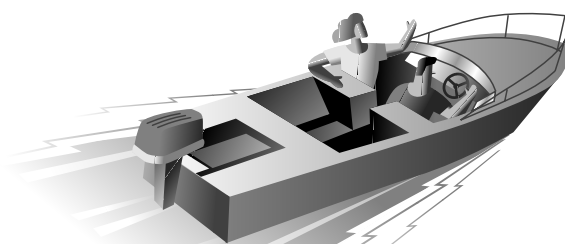


For more information about the Club, or to become involved please contact:

Cindy: (705) 715-7734

Krista: (705) 538-1600

Deb: (705)427-3182



Tay Township - Family Activities & Events

OUTDOOR SKATING RINKS

The outdoor skating rinks will be up and running as soon as the weather is favourable for ice making. Township facilities require 2 weeks of freezing weather and decent accumulations of snow to establish a good base for making ice.

Rink openings, skating and hockey schedules will be posted at www.tay.ca or contact the Municipal Office at 534-7248 ext. 228 or 235.

CELEBRATE THE SEASON – Sunday December 4, 2011

Join us at the Port McNicoll Library Branch, 715 Fourth Ave from 6:00 pm to 7:30 pm as we “Celebrate the Christmas Season” with a Community Tree Lighting. Enjoy live music, horse drawn wagon rides, kid’s crafts, and of course hot coco! Official tree lighting will take place at 6:30 pm.

CHILDREN’S CHRISTMAS PARTY – Sunday December 11, 2011

On December 11 at 1:00 p.m., children 13 and under are invited to celebrate Christmas with the Victoria Harbour Fire Department and Lions Club at the Oakwood Community Centre. Children will enjoy a variety of activities including a visit from a special guest! HO HO HO!



For further information, please contact Bryan Anderson, Recreation Coordinator at 534-7248 ext 235 or by email at banderson@tay.ca All outdoor winter activities are weather dependant.

Tay Township Events & Happenings



25TH ANNIVERSARY RICK HANSEN RELAY WAUBAUSHENE – SUNDAY DECEMBER 11TH 2011

On Sunday December 11th around 12pm join your fellow community members by lining Pine and Elm streets in Waubaushe in anticipation of the Rick Hansen Relay.

The Relay is scheduled to come through Waubaushe shortly after 12:15pm. A Community Celebration is also being planned for 11:30am at Bridgeview Park in conjunction with the Waubaushe Recreation Committee.



TAY TOWNSHIP'S 11TH ANNUAL FROSTY FROLICS WINTER CARNIVAL - FEBRUARY 10-12, 2012

Winter is here and it's time to celebrate!

Come out and join Tay Township and various Community Organizations for their 11th Annual Frosty Frolics Winter Carnival on February 10-12, 2012.

A winter weekend for everyone, activities include:

- Cardboard Toboggan Races
- Snowman Building Competition
- Family Breakfast & Luncheons
- Family Ice Skating & Ice Hockey Contests
- Arts & Craft Show
- and so much more!



Watch for a complete activity listing in January by visiting www.tay.ca or contact Bryan Anderson - Recreation Coordinator @ 534-7248 ext. 235 or by email at banderson@tay.ca.

Bring your family and friends for a memorable fun-filled weekend.



Active Living Programs Tay Township

9 Week Session starting the week of January 9th to the week of March 5th unless otherwise indicated.*

Pre-registration prior to the start of the program is required as space is limited.

Registration form for these programs is on page 17. For further information visit www.tay.ca or contact Bryan Anderson – Recreation Coordinator @ 534-7248 ext 235 OR banderson@tay.ca



Program	Time	Location	Details
MONDAYS * (8 wks) *There will be no classes on February 20 (Family Day).			
*Zumba (instructor – Jane Kiersnowski)	6:30pm - 7:30pm	Oakwood Community Centre	The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Fanatics achieve long-term benefits through an exciting hour of calorie-burning, body-energizing, awe-inspiring movements!
*Yoga (instructor – Janine Burrage)	7:00pm - 8:15pm	Harbour Shore Community Room	Come out and enjoy all of the benefits yoga has to offer. Participants must be able to perform poses on hands and knees. Mat required.
TUESDAYS			
No Jumpin' Just Pumpin' (instructor – Donna Boudreau)	6:00pm - 7:00pm	Port McNicoll Community Centre	Interval class combining low impact aerobics with weight training will get your hearts pumpin without the jumpin! Personal weights & mat required.
Yoga (instructor – Donna Boudreau)	7:15pm - 8:15pm	Port McNicoll Community Centre	Come out and enjoy all of the benefits yoga has to offer. Participants must be able to perform poses on hands and knees. Mat required.
WEDNESDAYS			
Yoga (instructor – Janine Burrage)	7:00pm - 8:15pm	Harbour Shore Community Room	Come out and enjoy all of the benefits yoga has to offer. Participants must be able to perform poses on hands and knees. Mat required.
Zumba Toning (instructor – Jane Kiersnowski)	7:30pm - 8:30pm	Oakwood Community Centre	ZUMBA® TONING is an innovative muscle training program with the addition of light weight toning sticks. We provide the 2 1/2 lbs, sand filled toning sticks, which are very similar to maracas. In a relatively short period of time, this challenging workout helps in building coordination and muscle endurance. Now that you've worked on your lower body rhythm, it's time to perfect the upper body! This class is open to everyone, no previous dance or ZUMBA® class experience necessary
THURSDAYS			
Zumba (instructor – Jane Kiersnowski)	9:30am - 10:30am	Oakwood Community Centre	The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Fanatics achieve long-term benefits through an exciting hour of calorie-burning, body-energizing, awe-inspiring movements!
Mostly Muscle (instructor – Donna Boudreau)	5:30pm - 6:30pm	Port McNicoll Community Centre	Build & Tone muscles you never knew you had! Personal weights & mat required.
No Jumpin' Just Pumpin' (instructor – Donna Boudreau)	6:45pm - 7:45pm	Port McNicoll Community Centre	Interval class combining low impact aerobics with weight training will get your hearts pumpin without the jumpin! Personal weights & mat required.
SATURDAYS			
*Snow Shoeing (instructor – Frieda Baldwin)	10:00am – 11:00am (Feb 11th – Mar 3rd)	Wye Marsh	The basics of snowshoeing and the Tom Rutlin Urban Poling technique with poles will be taught and practiced on a variety of trails and terrains. Come for a great cardio workout. Dress in layers. Bring your own snowshoes. (A limited supply of snowshoes may be available). Poles will be provided.

Program Locations:

Harbour Shore Community Room	145 Albert St	Victoria Harbour
Oakwood Community Centre	290 Park St	Victoria Harbour
Port McNicoll Community Centre	560 Seventh Ave	Port McNicoll
Victoria Harbour Post Office Parking Lot	145 Albert St	Victoria Harbour

TAY TOWNSHIP PROGRAM REGISTRATION FORM - WINTER 2012

Pre-registration prior to the start of the program is required as space is limited; so register early to avoid disappointment. Tay Township reserves the right to cancel programs due to insufficient registration. **REGISTER PRIOR TO DEC 16th AND SAVE!**

***** TAXES INCLUDED *****

Select √	Active Living Programs Course (instructor) (# of weeks)	Fee Before Dec 16th	Fee After Dec 16th	Office Use Only	
				Payment Type	Receipt #
	No Jumpin' Just Pumpin' TUES (Donna) (9 weeks)	\$36.16	\$40.68		SPORT:
	No Jumpin' Just Pumpin' THURS (Donna) (9 weeks)	\$36.16	\$40.68		SPORT:
	Yoga MON (Janine) (8 weeks)	\$31.64	\$36.16		SPORT:
	Yoga WED (Janine) (9 weeks)	\$36.16	\$40.68		SPORT:
	Zumba MON (Jane) (8 weeks)	\$31.64	\$36.16		SPORT:
	Zumba Toning WED (Jane) (9 weeks)	\$36.16	\$40.68		SPORT:
	Zumba THURS AM (Jane) (9 weeks)	\$36.16	\$40.68		SPORT:
	Mostly Muscle THURS (Donna) (9 weeks)	\$36.16	\$40.68		SPORT:
	Yoga TUES (Donna) (9 weeks)	\$36.16	\$40.68		SPORT:
	Snowshoeing/Nordic Walking (Frieda) (4 weeks) FEB	\$18.08	\$22.60		SPORT:
Select √	Youth Programs Course (instructor) (# of weeks)	Fee Before Dec 16th	Fee After Dec 16th	Office Use Only	
	Babysitting Course - reg'n deadline March 5th	\$35.00	\$40.00		SPORY:
	Young Boaters Course - reg'n deadline March 5th	\$70.00	\$75.00		SPORY:

PARTICIPANT INFORMATION - Please Print Clearly

Last Name	First Name	Age	Sex M or F	Home Phone #
Mailing Address	Town/City	Postal Code		
Health Card # & Expiry	Special Needs/Allergies/Medications			
Emergency Contact during program hours				
I hereby release the Township of Tay from any claims for damages arising from any accident or injury which is caused by or arising from the participation of the applicant named above, during any program or in any facility or at any location where a program is being held.				
THIS APPLICATION IS NOT ACCEPTED UNLESS SIGNED BY A PARENT/GUARDIAN OR AN ADULT PARTICIPANT.				
Parents Name (please print) If participant is under 18 yrs.				
Signature			Date	

How did you hear about our program?

Recreation Guide Website Community Sign Board School Newsletter Word of Mouth Other: _____

Terms of Registration:

- **POST DATED CHEQUES FOR RECREATION PROGRAMS ARE NO LONGER ACCEPTED**
- Payment can be in the form of cash, debit or cheque (payable to Tay Township).
- Cancellations require 2-weeks notice for refund prior to the start of the program.
- **Please return registration & payment to 450 Park St, Box 100, Victoria Harbour, LOK 2A0 or by fax: 534-4493.**
- Payment for registrations sent by fax must be received within 5 days to ensure your space in the program.
- Registration subsidies may be available for individuals/families. Call 534-7248 ext 235 for details.

Personal information contained on this form/document/application is collected pursuant to the Municipal Freedom of Information and Protection of Privacy legislation and will be used for the purpose for which it was collected.